

Accused murderer may have killed others, police say



Missing, murdered.

Suspect charged in deaths of three local women



SHANE GIBSON

A serial killer has been operating in the city, Winnipeg police alleged on Monday as they announced the arrest of a man they say killed three aboriginal women over the past several months.

And police say the accused — Shawn Cameron Lamb, 52, of Winnipeg — could be implicated in other killings here and across Canada.

"We're certainly looking at where this individual has gone, and will examine all possibilities," WPS chief Keith McCaskill said on Monday morning, confirming the force is working with other jurisdictions. "It's certainly a potential that there's other victims out there."

Lamb is charged with three counts of second-degree murder in the deaths of Tanya Jane Nepinak, 31, Carolyn Marie Sinclair, 25, and Lorna Blacksmith, 18.

Sinclair's body was found in March, reportedly wrapped in a plastic bag, next to a garbage bin behind an apartment building on Notre Dame Avenue.

Blacksmith's body was discovered on Thursday in the backyard of a home on Simcoe Street, also reportedly wrapped in a plastic bag.

Nepinak was last seen in September, and her body has yet to be found. McCaskill said police have sufficient evidence to charge Lamb with her death.

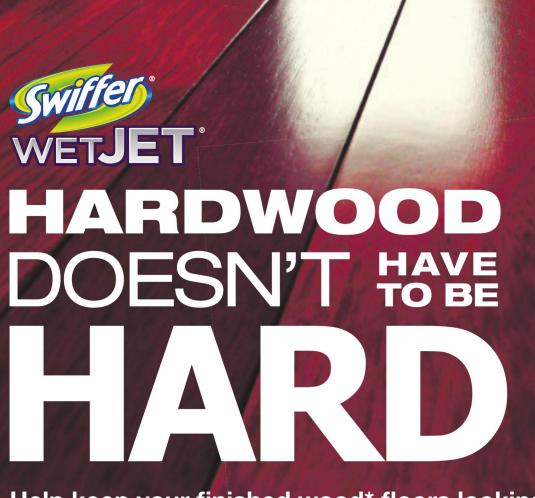
Lamb was arrested on Thursday and charged with the sexual assault of a 36-year-old woman. That investigation led officers to Blacksmith's body on Simcoe Street and the subsequent murder charges.

The Assembly of Manitoba

The Assembly of Manitoba Chiefs called on the province to open an inquiry into murdered and missing women in Manitoba. "The process has to start now," said David Harper, grand chief of Manitoba Keewatinowi Okimakanak Inc. "This shouldn't happen to anybody, not just aboriginal."

A vigil for the victims and a rally in support of the inquiry is planned for Tuesday at 7 p.m. at the corner of York Avenue and Broadway.





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Winnipeg Convention Centre to double in size

Price tag. Feds, province and city throw in \$149M of the \$180M total costs



GIBSON shane.gibson@metronews.ca

The City of Winnipeg has partnered with the provincial and federal governments to expand the Winnipeg Convention Centre.

The three levels of government are kicking in a combined total of \$149 million for the project, expected to cost more than \$180 million.

The work will see the convention centre expand into the parking lot across from of the original building's front door on York Avenue.

"A lot of people ask and don't understand the phenomenal impact that a convention centre has on your city and on your province," Mayor Sam Katz said at the partnership's formal announcement on Monday afternoon.

"Our entire hospitality industry benefits from these types of projects."

Although architectural drawings of the planned expansion weren't available at the announcement, a press release said the project would double the size of the Winnipeg Convention Centre.

The new facility will include multipurpose divisible space, additional underground parking and main-floor public assembly space, the release

The centre's third floor will house a new exhibition space that will connect to the existing building to create more than 147,000 square feet of "contiguous, pillarless trade and consumer show space."

Convention centre president and CEO Klaus Lahr said the building's current maximum of about 1,200 people for conventions has meant larger conferences have had to choose other cities in the past.
"If the third floor goes

"If the third floor goes ahead as we are planning it will seat almost 10,000 people," he said.

The federal government has promised \$46.7 million, the province has committed \$51 million and the city will also put in \$51 million, while the convention centre itself will raise roughly \$17 million.

New taxes generated from the project are expected to top off the funding, and Premier Greg Selinger said he hopes to see the new building finished within three years.



Accuser in sexual harassment case awaits panel results

A man who says he was sexually harassed by a Manitoba judge will find out Tuesday whether he will have standing at her disciplinary hearing.

A panel of the Canadian Judicial Council reserved its decision Monday on whether Alexander Chapman's lawyer will be able to make submissions and question witnesses.

"Alex Chapman has a direct and tangential interest in this proceeding," lawyer Rocco Galati told the panel.

"A fair hearing cannot be conducted ... without having Mr. Chapman's counsel here"

Galati also asked for funding from the inquiry. He said Chapman has virtually no income since losing his job with an insurance company in 2010.

The panel is examining whether Justice Lori Douglas should be removed from the bench. Chapman says Douglas's husband showed him sexually explicit photos of her

and asked him to have sex

with her.
Douglas has said she did
nothing wrong and her husband acted without her knowledge.

The independent lawyer who is leading the inquiry, Guy Pratte, argued against giving Chapman standing. Pratte is tasked with representing the public interest in the case and has a duty to bring forward all relevant information. The judicial council panel

rejected requests for standing from two other individuals Monday — a local blogger who said the inquiry needed oversight from a member of the public, and a woman who lost a child custody battle before Douglas in 2008.

Douglas has denied all the allegations. Through her lawyer, she has told the panel she is the victim of "unimaginable betrayal" by her husband and a "despicable" scheme by Chapman. She has also an-

Allegation

The allegations Douglas is facing include:

- That she sexually harassed Chapman.
- That she failed to disclose the issue when she was screened for a judicial appointment in 2005.

swered suggestions that she wasn't upfront about the matter when she was appointed to the bench by saying the appointments committee — and Manitoba's chief justice — were aware of the photos.

THE CANADIAN PRESS

Portage Avenue

Pedestrian signal coming soon

Starting this week, the City of Winnipeg is installing Pedestrian Countdown Signals (PCS) at the intersection of Portage and Donald — a first for Winnipeg and part of a pilot project.

NEWS

On the web

Fickle Facebook

The folks at Facebook have done it again — annoying users by making changes without advising them. This time, all users' default email addresses have been changed or are about to be changed to an @facebook.com account, an account most people never use. Go to metronews.ca to read the full story and find out how you can fix the change.

On the web

Love thy neighbour? Obama doesn't, journal says

Is Barack Obama squandering Canada's love? The answer is a resounding yes, according to an essay in a leading U.S. foreign-policy journal, which says the U.S. has jilted Canada, leaving relations at "their lowest point in decades." Go to metronews.ca to read the full story.

Mobile news



Got a tumour? There's an app for that. Smartphone technology is now entering the operating room, allowing ovarian-cancer surgeons to use an application to store and track tumour information. Scan the code to find out more.

Canada Day

Winnipeg malls will be open July 1

Malls in Winnipeg will be open their usual hours on Canada Day. As part of the federal government's Holiday Act (1985), if July 1 falls on a Sunday, the holiday will be recognized on the Monday

ALEJANDRA SALCEDO/FOR METRO

North End

Police investigate three blazes on the same block

The Arson Strike Force is investigating after three North End garages — each within five houses of the other — went up in flames at the same time early Monday morning.

Police were called to a back lane in the 600 block of Aberdeen Avenue just after 5:30 a.m.

Police say two of the garages were next to each other and the fire appears to have started in between them.

No one was injured in the fires, and damage is estimated at a combined \$37,000

SHANE GIBSON/METRO



metr⊕ **NEWS**

A forensic review of Scouts Canada's records reveals authorities were not contacted about at least 65 cases of alsexual misconduct leged against a youth.

"We are deeply and truly sorry for any harm that has happened at the hand of volunteers that were in our organization," said Steve Kent, Scouts Canada's volunteer chief commissioner at a press conference Monday.

We will do everything that we can to prevent such instances from happening in the future and we encourage victims to talk to us."

The accounting firm KPMG conducted a seven-month audit of Scouts' files, many of which



were "disorganized" and "incomplete," according to an analysis of 486 identified records provided by Scouts Canada.

The records were related to suspension and termination of volunteers for alleged sexual misconduct against youth from 1947 to 2011.

In addition to the 65 cases, there were 64 cases where it was unclear whether or not authorities were contacted.

During the review process Scouts Canada provided information about those cases to police forces, which are inves-

tigating.
In 29 other cases, Scouts Canada had already contacted police. In 328 cases, police were aware of the allegation of sexual abuse before Scouts

Learning from past mistakes, the organization said it will now "rigorously" implement a new Child and Youth Safety Plan, which includes improved adult screening and training.

"Canadians can take comfort in the fact that we're confronting the past in its entirety now," said Kent.

IOE LOFARO/METRO IN OTTAWA

Scouts Canada. Authorities weren't informed of alleged sexual misconduct: Review appeal from public. nremier



ocal residents react as they listen in during a news conference in Elliot Lake,

Elliot Lake tragedy.

Officials initially called off search due to concerns of a second collapse

Officials in Elliot Lake, Ont., say they are resuming rescue efforts at a partially collapsed mall after an appeal from Ontario Premier Dalton Mc-Guinty.

The turnabout came just hours after the search efforts were called off because it was deemed too dangerous to send crews inside. They told a news conference a plan is still in the works.

McGuinty told The Canadian Press late Monday night that he asked that any other options be considered,

Staying positive

"We've all banded together. We talk, we hug. We're just here together.'

Catherine Timleck-Shaw, Elliot Lake, Ont., resident

including using heavy equipment to dismantle the building from the outside.

The premier says if a member of his family or a close friend might have been inside, he would want "no stone left unturned," and they owe it to the families and community of Elliot Lake to give it the best shot.

Dozens of local residents protested in front of city hall after the decision to abandon the search was announced, saying it was too soon to abandon the search.

A parking lot on the roof of the shopping centre crashed two floors down into the mall below on Saturday afternoon.

Although the sound of tapping, which led rescuers to believe someone was still alive inside the rubble, stopped on Sunday morning, officials say a device called a life detector has indicated there's someone breathing inside. THE CANADIAN PRESS



For more news visit metronews.ca



Army general defects to Turkey

A Syrian general was among the latest defectors from the country's military, officials said Monday. Dozens of Syrian soldiers fled overnight to Turkey, crossing the border with their families.

The general defected in recent days, Turkish officials said. Then, according to the state-run Anadolu news agency, 33 soldiers crossed the border overnight. There are conflicting reports but the group included possibly a second general and either two or three colonels.

THE ASSOCIATED PRESS

Tunisia

Jail time over cartoons upheld

A Tunisian court has upheld seven-and-a-half-year sentences on a conviction of posting cartoons of the Prophet Mohammed on Facebook. Jaber Majeri and an associate were each sentenced to jail and fined \$800 US

Bochra Belhaj Hamida, the defence lawyer, condemned the court decision as unjust and criticized the iudges.

THE ASSOCIATED PRESS

Egypt. New president starts crafting government

New Egyptian president Mohammed Morsi went to work first thing Monday morning and started work on forming a government.

This was even before he had a clear picture of what he could do after the ruling military stripped most of the major powers from his

Morsi, 60, a U.S.-trained engineer from the funda-mentalist Muslim Brotherhood group, is the first Islamist president of Egypt.

He defeated Mubarak's last prime minister, Ahmed Shafiq, in a tight race that deeply polarized the na-

The country breathed a sigh of relief that at least the question of who won the presidential runoff had been resolved on Sunday, after the first free and fair elections in Egypt's modern history.

People returned to work a day after a panic that sent many home early for fear that violence might erupt when the winner was announced.

Traffic was flowing again through Cairo's Tahrir Square, the birthplace of last year's uprising and a major intersection that had been blocked for a week by Morsi supporters protesting against the military.



Tiptoeing into office

The contours are emerging of a backroom deal between the military and the Brotherhood that led to the ruling military council blessing Morsi as president.

State TV showed footage of Morsi meeting Monday with the ruling military.

As polls closed on June 17, the ruling Supreme Council of the Armed Forces announced constitutional amendments that shocked the Brotherhood and many other political activists.

They gave themselves sweeping powers that under-cut the new president. THE ASSOCIATED PRESS



Putin takes pause to remember on Israel trip

Russian President Vladimir Putin walks during an inauguration ceremony of a memorial to Red Army veterans of the Second World War in Netanya, Israel, Monday. The West's standoff with Iran over its nuclear program was expected to top the agenda as Putin began a 24-hour visit to Israel.

ALEXEI DRUZHININ/RIA NOVOSTI/THE ASSOCIATED PRESS

Sweet reward for ambitious Delhi family and Canadian bankers who helped

After receiving exceptionally good service at Scotiabank's Saddletown Circle Branch since he came to Canada six months earlier, Amit Chauhan decided to surprise the branch team with a traditional Burfi shortcake. "They helped me get my first home, so I wanted to thank them," recalls Amit who had just taken possession of a three-bedroom dream home in northeast Calgary.

It was a sweet finale for Amit and Mrinali Chauhan, who came from India in June 2011, only to be stranded by heavy rain in a hotel with their three-year old daughter. "We stayed in and ordered pizza while Amit ran around arranging things," recalls Mrinali, who was eight-months pregnant at the time.

Fortunately, the Chauhan family's arrival was made easier by the fact that they had set up their Canadian bank account in India, so they could send funds safely to Canada before they landed. They had heard about the Scotiabank StartRight® Program¹ International Account Opening at an information session for permanent resident applicants and they visited a Scotiabank branch in Delhi. They were later connected with Syed Haider, a Scotiabank Personal Banking Officer in Calgary, who helped them apply for a bank account in Canada and obtain pre-approval for a credit card².

"Everything went smoothly when I went to the Calgary branch, since I could access the funds I had transferred from day one and I had the credit card in my hand for all our expenses," recounts Amit, "Even better, after travelling 7,000 miles I could talk to Syed in my own language and get advice about apartments, schools and Indian

This gave Amit extra time to start job searching and, by applying connections from his hospitality education in India, he found a restaurant management position on day two. "It surprises people, but I used my networking skills to make local contacts, and I was ready to be flexible and take any hard work at the beginning," explains Amit, who now welcomes visitors to Canada as a front-desk supervisor in a busy hotel.

And Amit didn't delay thinking about his longterm goals either, since he soon realized that buying a home was a better investment for his family's future than paying expensive rent each month.

"I didn't think it would be possible to get our first home so quickly, but Syed reviewed my earnings and financial history and explained my options, notes Amit, who qualified for the Scotiabank StartRight Mortgage Program³, a hassle-free mortgage tailored for newcomers to Canada.

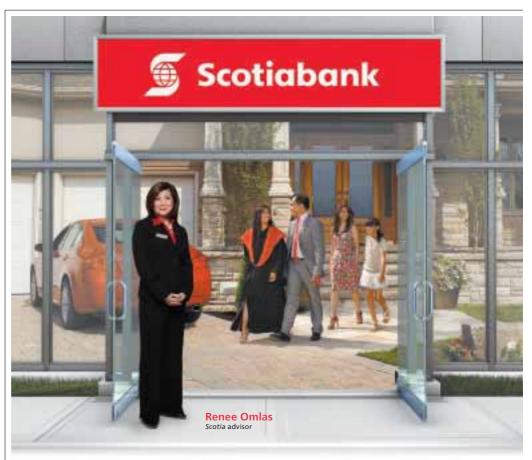
"I was lucky to meet a lot of wonderful people who helped us find a home, including our brilliant banker and an exceptional realtor.

Reflecting on his family's rapid settlement in Canada, including the birth of a son, a job and a comfortable home, Amit adds that, "From my hospitality training, I learned to connect with others and recognize people who will give their time and help you, like Syed." For Amit, it made sense to continue that hospitality, by sharing dessert with his new friends at Scotiabank.

THIS ADVERTORIAL IS PREPARED BY SCOTIABANK®.



The Chauhan family enjoy their new life in Calgary – including their own home - by connecting with others, including helpful local Scotiabankers.



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Canada.

2. Subject to meeting Scotiabank's credit criteria and security requirements. An unsecured VISA* card may be available up to certain credit limits; a secured VISA card requires security equal to 100% of approved credit limit for Foreign Workers and Permanent Residents and 120% of approved credit limit for International Students. USA card security can be cash security, Canada Savings Bonds or Guaranteed Investment Certificate. In addition, to be eligible for a personal borrowing product, you must be a Canadian resident and have reached the age of majority.

3. Applicable to residential mortgages only and subject to Scotiabank lending criteria for residential properties. CMHCGenworth Financial Canada mortgage default insurance may be required for Loan to Value ratios (URs) greater than 50% to a maximum of 95%. Maximum URs available may be less than 95%.

LVRs available may be less than 95%

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metr⊕ **NEWS**

Florida. Tropical storm wreaks havoc with twister, power outage

drenched Florida with heavy rains, flooded low-lying neigh-bourhoods and knocked out power to thousands of homes and businesses as it lingered off the state's coast Monday.

The governor declared a statewide emergency, and a tropical storm warning was in effect for most of Florida's Gulf coast. At least one person was killed by a twister in Florida, and crews in Alabama searched for a man who disappeared in rough surf Sun-

In St. Pete Beach on Florida's Gulf coast, a tornado ripped the roof off a marina and an apartment complex, and felled fences, trees and

State officials estimated at least 35,000 homes and businesses were without power.

The storm closed the sole bridge to St. George Island, a popular vacation island in

- counties near the crook of Florida's elbow were Shelters were opened in some areas.
- High winds forced the closure of an interstate bridge that spans Tampa Bay and links St. Petersburg with areas to the southeast. In several locations, homes and businesses were damaged by high winds authorities believe were from tornadoes.

on the island and authorities said it could be for days.

Mexico. Police officers slain in airport shooting

Men wearing what appeared to be police uniforms opened fire in a food court at Mexico City's international airport on Monday, killing three federal policemen on an anti-drug mission as panicked witnesses dove for cover.

The slain agents had gone to the airport "to detain suspects linked to drug trafficking at Terminal 2," the federal Public Safety Department said in a statement, without specifying if the suspects also were lawmen. "Upon seeing them-selves surrounded by federal police, they (the suspects) opened fire on the officers.

Two officers died at the scene and another died later of his wounds at a local hos-

A witness said the shooters were also wearing police uni-

"It's surprising to see it happening at the airport. It's one of the safest places in the city."

Robert Gray, traveller

forms, and the Public Safety Department said it was investigating whether the shooters were active-duty police, former officers or impostors.

Uganda. Villages

15 houses buried

following torrential

rain, Red Cross says

Massive landslides induced

by torrential rains destroyed

three villages in the moun-

tainous district of Bududa in

eastern Uganda, killing possibly hundreds of people, of-

Disaster Preparedness Min-ister Stephen Mallinga said it

was still too early to say how many had been killed in Mon-

but officials from Bududa said

the final death toll would like-

"We are sending a rescue team down there," Mallinga said. "It's very difficult to es-

timate how many have been

slides were unexpected, hap-

pening several hours after a

doors when huge blocks of

Witnesses said the land-

ly be in the hundreds.

killed.'

afternoon's landslides,

ficials said Monday.

destroyed and at least

Criminals in Mexico sometimes wear fake police uniforms, but officials also have repeatedly struggled to crush corruption among lawenforcement agencies at the airport, which traffickers have often used as a shipment point for narcotics.

THE ASSOCIATED PRESS

U.S. court

Man dead after jumping from **Eiffel Tower**

Paris

A 25-year-old man from Israel jumped to his death from the Eiffel Tower after thwarting security measures and climbing the Paris monu-ment at twilight, authorities said Monday

"He jumped into the air.... It was not an accidental fall," Paris prosecutor's spokeswoman Agnes Thibault-Lecuivre

THE ASSOCIATED PRESS

Mom regretting chopping ponytail

intimidated in court when a judge told her that he would reduce her 13-yearthe mother says she now wishes she hadn't taken.

The teen was referred to juvenile court for cutting off the hair of a three-yearold girl with scissors and for harassing another girl.

as punishment

A U.S. mother says she felt old daughter's sentence if she chopped off the girl's ponytail in court — an offer

torrential overnight downpour that at first seemed to have done little damage. David Wakikona, a lawmaker from the region, said most people were likely in-THE ASSOCIATED PRESS



19 killed after bus goes off bridge in South Africa

Rescue workers and investigators stand behind body bags containing the remains of victims of a bus crash in Meyerton, South Africa, on Monday. At

Hundreds may be

least 19 people were killed and 55 injured when the bus plummeted off a bridge. THE ASSOCIATED PRESS

In this 2010 file photo, people search for survivors after a landslide in easte Uganda. Massive landslides destroyed villages in the mountainous district iduda on Monday. Stephen wandera/the associated press

mud and rocks started to roll down hills, toppling homes, killing livestock and burying people alive.

'We don't yet understand how this all happened, but it's terrible," Wakikona said. "Three villages have been buried."

According to Wakikona, at least 300 people lived in the affected villages. Officials said rescue teams from the Ugandan army would play a lead role in moving the soil as the search for possible survivors begins.

The Uganda Red Cross said that at least 15 houses had been buried in the landslides. It may take time before the full death toll from such disasters is known, as often it requires rescuers working with hoes and shovels to dig through the mud and find

bodies trapped underneath. Landslides are a common occurrence in the hilly parts of eastern Uganda, and they have been especially lethal over the years in those villa-ges where the land is denuded of vegetation cover. In 2010 massive landslides in Bududa killed about 100 people, destroying everything from the village market to a church.

Ugandan President Yoweri Museveni, who visited the scene, said at the time that the landslides were divine retribution for the people's failure to give to the land what they take from it. The villages are usually heavily populated, and people often live on land bare of trees.

There has been fierce resistance to a government effort to relocate the most vulnerable people in Bududa and neighbouring districts, with some activists there saying it would be even more disastrous to abandon their ancestral homes. Even those who were relocated to a camp for refugees after the 2010 landslides secretly returned to Bududa, said Mallinga.

"There's a degree of unwillingness to leave," Mallinga said.

THE ASSOCIATED PRESS

Residents in several uraed to leave low-lying neighbourhoods because of the threat of flooding.

Florida, Power was already out

BUSINESS

Walmart Canada ramps up hiring

Expansion. Already one of Canada's largest employers, retail giant plans to hire 3,100 more workers by end of 2013

Walmart Canada is ramping up hiring amid rapid expansion in this country by the U.S.-based retail giant.

Walmart says it will open 47 hiring centres across the country as it adds a total of some 4,000 new employees this year and next, about 500 more than previously announced.

The mass retailer pays "above minimum wage, which varies by province, said Alex Roberton, spokesman for Walmart Canada, adding that employees can also participate in a profit-sharing pro-

Roberton said the chain is "looking to hear" from former Zellers employees, whose ex-

By the end of 2013, Walmart Canada expects to spend some \$750 million to open, relocate or remodel 73 stores.

- Included are most of the 39 former Zellers stores for which Walmart Canada purchased leasehold rights in June 2011. They will reopen as Walmart stores in this fiscal year.
- The expansion comes as competition in the Canadian retail market heats up with the entry of fellow discount retailer Target next year. Target plans to open 125 to 135 stores.

perience would be taken into consideration.

In addition to the permanent jobs, the various projects are expected to generate some 10,500 construction jobs.

"We are extremely excited to be adding more than 4.000 new associates to our team," said Bob Hakeem, senior vice-president of people at Walmart Canada, using the company's preferred term for employee.

Walmart Canada pharmacies are also in the midst of a significant hiring phase.

Walmart Canada has al-ready hired 900 employees this year, from sales associates to managers in its stores across the country, to field operations and home-office positions.

Already one of Canada's largest employers, it plans to hire an additional 3.100 workers by the end of 2013, raising its overall Canadian payroll to 94,000.

Walmart said more than half of the 73 projects will become supercentres, which offer an array of groceries as well as general merchandise. The retailer opened its first Canadian supercentres in Ontario in 2006 and has since ramped up expansion plans for the large-store concept.

THE CANADIAN PRESS



Samsung's latest model

Models display Samsung Electronics' newest smartphone, the Galaxy S III, during its world tour in Seoul, South Korea, on Monday. Samsung, the world's top mobile-phone maker, said it expects global sales of the latest Galaxy smartphone to surpass 10 million in July even as it struggles to keep up with demand because of component shortages. The company said the Galaxy S III will be released in 147 countries by the end of July, aiming to get a jump on rival Apple before it announces a new version of the iPhone in the third quarter. Samsung released the smartphone through all major mobile U.S. carriers last week. Samsung electronics/the associated press

Tech trouble

RIM shares slide after downgrading

Research In Motion shares hit their lowest level since 2003 on Monday as the company was downgraded by investment firm Morgan Stanley, which called the company "essentially broken."

Shares in RIM traded as low as \$9.27 on Monday on the Toronto Stock Exchange, its lowest level since 2003 after adjusting for stock splits. The stock closed down 76 cents at \$9.36. THE CANADIAN PRESS

Market Minute





11,330.39 (-105.15)



\$79.21 US (-55¢)



GOLD \$1,588.40 US (+\$21.50)

Natural gas: \$2.694 US (+6.9¢) Dow Jones: 12,502.66 (-138.12)



metr⊕ **VOICES**

SEXISM IS NO JOKE



Every once in a while, you can count on some male comedian to drag out the hackneyed "girls-aren't-funny" routine to try and gain some attention or, in Adam Carolla's case, sell

a book

In an interview with the New York Post last week, the comedian complained about his personal struggle (eye roll) with unfunny female colleagues. "They make you hire a certain number of chicks, and they're always the least funny on the writing staff," he whined. "The reason why you know more funny dudes than funny chicks is that dudes are funnier than chicks."

It's pretty pathetic when a 48-year-old man uses words like "dudes" and "chicks" to offer commentary on gender roles in comedy. But I suppose this is the type of enlightened discourse we can expect from the comic genius behind The Man Show, a now-defunct program that featured such classic bro-centric segments as Guess Whose Asscrack and Breast Implant Fashion Show.

In reality

"There are a growing number of female comedians disproving these sexist theories, both in front of the camera and behind the scenes.'

If Carolla expects his staff writers to rely on lowbrow, homophobic (GLAAD recently lambasted Carolla after he joked that the LGBT acronym should be changed to YUCK), frat-boy humour to get cheap laughs, then I'm not surprised to learn that he hasn't encountered many women who adhere

to his idea of funny. Sadly, while the backlash against Carolla's misogynistic remarks was substantial, he's not alone in his sexist

ideas. The late Christopher Hitchens opined a similar argument in his infamous 2007 Vanity Fair essay titled Why Women Aren't Funny.

In the piece, Hitchens suggested that men are obliged to be funny in order to attract members of the opposite sex. "Women have no corresponding need to appeal to men in this way," he wrote. "They already appeal to men, if you catch my drift." Presumably, Hitchens' drift is that men are only attracted to women in a superficial (read: libido-driven) way. Underlying this belief is the dangerously chauvinist assumption that women are to be looked at, not heard from.

Thankfully, there are a growing number of female comedians disproving these sexist theories, both in front of the camera and behind the scenes. Kristen Wiig, Lena Dunham, Mindy Kaling, Wanda Sykes, Tina Fey, Betty White — the list of women who are funnier (not to mention more successful) than Adam Carolla is endless. These women produce and star in their own films and TV shows, they win awards, and they narrate audiobooks that will make you laugh aloud like a lunatic on the bus during

your morning commute.
As for Adam Carolla, this washed-up man-child should go back to hosting his wildly successful podcast that you've probably never heard of.

New Yorkers beam at WTC site



SPENCER PLATT/GETTY IMAGES

9-11 memorial site

Beam completes steel skeleton

A construction worker signs the last steel beam before it is hoisted 300 metres to the top of 4 World Trade Center on Monday in New York City.

The trapezoidal glass and steel office building, which is designed as an architectural backdrop to the September 11 Memorial, is scheduled to open in 2013.

GETTY



Then and now

"Ten years later, it's pretty remarkable. This is a very proud moment. It's full circle."

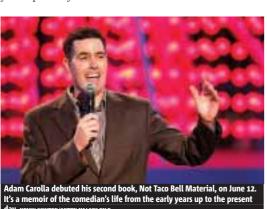
Sally Rexach, a nurse who aids workers at the site as she did during the rescue and recovery work following Sept. 11. She said she had tears streaming down her face while the beam was lifted into the sky.

First tower completed

Redevelopment long overdue

Developer Larry Silverstein told the crowd that his goal was "to give New Yorkers back the city terrorists tried to take away."

After years of funding and planning disagreements that at times threatened progress, Silverstein acknowledged, "It's been a very tough time." But he added, "I've always believed in downtown New York" THE ASSOCIATED PRESS





Register at metropolitanpanel.ca

@iane12281:

First time swimming in 2 years! With a cute new 40s inspired polka dot suit. So great. Thanks #hearttransplant

@carolbrisebois:

The kind of day that makes me wish I were twelve and hanging upside down from a playground monkey-bar set. #Winnipeg

@harms46:

its the perfect day in #winnipeg

to get out of your car and hop on a bus to run your errands!

@justenvogt:

Yabadabadoo!!! We're gettin' downright TROPICAL in #Winnipeg this week! Seeing 30 more than once in the extended forecast.

@daveshorr:

Right Now by Van Halen playing on the PA at Shoppers Drug Mart in Kildonan Place, #winnipeg

20%

NO. IT WON'T HAPPEN TO ME

SCENE

DVD reviews

The Artist

Director. Michel Hazanavicius

Stars. Jean Dujardin, Berenice Bejo, John Goodman

Passion is not normally experienced through the rear-view mirror, as regret and nostalgia are.

And yet here's The Artist, the most unlikely Best Picture winner at the Oscars in recent memory: a black-and-white, silent and exceedingly square homage to old Hollywood that is as passionate as new love.

You can call it a gimmick, as some did when The Artist premiered in competition last May at Cannes, winning star Jean Dujardin the festival's Best Actor award, a win he'd repeat at the Oscars.

But you can't fault it as smart entertainment, which eschews parody to make a sincere tribute that also serves as cogent, current commentary. In our increasingly wired world, who doesn't yearn for the supposed simplicity of the unplugged past?

The Artist isn't a conventional romance. But it's a passion project all the way, made by people with their heads in the present but their hearts in the past. Feel free to swoon along with them.

PETER HOWELL

Wrath of the **Titans**

Director. Jonathan Liebesman

Stars. Sam Worthington, Liam Neeson, Rosamund Pike

After 2010's Clash of the Titans, a botched remake of the cheesy 1980s swords-and-sandals epic of the same name, there was nowhere to go but up for the next Titans flick. Wrath of the Titans, directed by Jonathan Liebesman (Battle Los Angeles), heads modestly and noisily in that direction. Wrath has much beefier

3D and also a bulkier Sam Worthington, returning as split-personality hero Perseus. Half god and half human, he's like a Chippendales dancer without the smile.

Wrath also has stronger characters and a modestly more interesting plot: a trip by Perseus to hell and back to rescue his bearded pappy, Zeus (Liam Neeson), a full-blooded god who has fallen on hard times. At this rate of improvement, the Titans series may approach adequacy in about five years Of SO. PETER HOWELL



Pettyfer bares all

Magic Mike. Actor talks about psyching himself up for semi-nude dancing

EHRBAR

ld News in Hollywood

While audiences are already familiar with Alex Pettyfer after a busy 2011 — with I am Number Four, Beastly and In Time — they are about to see a lot more of him, to put it lightly, with the release of Magic Mike. Pettyfer stars as a newcomer to the world of male stripping taken under the wing of the titular Mike (Channing Tatum, who is also the inspiration for Pettyfer's character).

Stripping may seem like a daunting gig, but it turns out baring all didn't bother him as much as learning to dance.

How awkward have inter-

views for this film been? I guess you kind of like dive into the fact that when you do a male stripper movie, they're going to ask you interesting questions. So you have to take everything and bite the bullet. Yes, I think the most frequently asked question is biggest wardrobe malfunction. And I think the biggest wardrobe malfunction that you have is that when you wear a thong and you have screaming girls, it can accident-ally fly off. Thank God that didn't happen to me. It was during Matthew (McConaughey's) dance. It was kind of very

"It's a very scary thought, one, to dance, as I've never danced before, and two — the fact that you're going to dance practically naked."

Magic Mike star Alex Pettyfer

funny.

Once you've signed up for a role like this, clearly you know what you're in for. But how do you mentally psych yourself up for it?

It's a very scary thought, one, to dance, as I've never danced before, and two - the fact that you're going to dance practically naked, you kind just wrap your head around the fact that you've got to dive into it fully. And the fact that all the other guys are in the same boat as us, doing the same thing and
— apart from Channing — not
having the experience beforehand, and having the experiences firsthand on the set was also very calming. I had to learn how to dance, because I can't dance. At all. To save my life. (laughs). But at the end of the day, you don't want to go to a male strip club and we're all perfect, classic dancers. What's great about the movie is that it's fun and mistakes are forgiven. It's an amazing thing to watch the flaws of a stripper because more comedy and more grime equals more reaction.

You're not playing Channing Tatum per se, but he is the basis for your character. Hav-

ing him there must be...

A little awkward (laughs). It's a little awkward, yeah, because obviously he's a phenomenal dancer, for one, and you can't compete with that. And he's lived this life. But it actually really helped me, personally, because the awkwardness and vulnerability of not having experienced what goes on in this world was actually what my character had to experience, so it actually really helped.

You also had some very enthusiastic extras on set for the dance numbers.

They were phenomenal. I wouldn't really call them actresses because I think they were very, very glad to be there On most film sets with backon most film sets with back-ground, you have to be like, "Give more!" And with these guys, for 12 hours straight they were screaming. It just gave us the best energy. They did get out of hand. They got out of hand with Channing, and they 100 per cent got out of hand with Matthew, because that was not planned [when they rush the stage during his dance]. I thankfully didn't have any run-ins with them. I was very fortunate not to.

What about that other stripper movie?

"A friend asked me if this is the male Showgirls — which it really isn't. I almost had a heart attack there. Like, are we Showgirls? Oh, f-!," says Pettyfer

But will people draw that connection anyway, because it's a movie about stripping? Pettyfer doesn't think so.

"You follow the characters through a journey,"

he says.

"It just happens to be in the world of male stripping."

So what would you say was your least favourite dance routine costume?

I mean, my favourite was my least favourite because it was the hardest thing to get off. I just wanted to get it off and go for it, which is kind of funny because the first time I stripped, I wanted to keep all my clothes on. But that's a character choice and how my character is. He eventually loves what he does. So I guess the cowboy outfit? But it was also my favourite



SOENE

Scene in brief

Billy Ray heads to Broadway

Country singer Billy Ray Cyrus is making his Broadway debut in Chicago. The singer of Achy Breaky Heart and father of Miley Cyrus is detouring from his Nashville roots in taking on the role of criminal lawyer Billy Flynn for a seven-week engagement beginning Nov. 5. Cyrus starred with his daughter in the hit TV series Hannah Montana, and has acted in TV movies on Lifetime and the Hall-mark Channel. Cyrus has also hosted country music's Nashville Star and was a competitor and was a competitor on Dancing With The Stars. Other celebrities to join the Chicago cast have included Sofia Vergara, Melanie Grif-fith, Brooke Shields, Ashlee Simpson, Usher, Huey Lewis, Michael C. Hall and Jerry Springer. THE ASSOCIATED PRESS

On the web



Hut, Home Depot for copyright infringement over song use in ads

metronews.ca
Tuesday, June 26, 2012

Trebek has a heart attack

Longtime Jeopardy host Alex Trebek suffered a mild heart attack over the weekend, but is expected to recover, according to the Hollywood Reporter.

Trebek, who has hosted the game show for 28 years, "is in good spirits and is currently under observation and undergoing further testing," a



rep says. "He is expected to fully recover and be back at Jeopardy when production begins taping in July for the new season."



Robert and Kristen were 'all over each other'

Robert Pattinson and Kristen Stewart turned heads at the star-studded wedding of Hollywood producer Kevin Turen and Evelina Oboza in New Jersey over the weekend, according to Us Weekly, partying with guests until 7 a.m. and engaging in some fairly public displays of affection.

"Rob and Kristen were all

over each other," a source says. Pattinson also got a chance to let loose with Andrew Garfield and Zac Efron during the reception: "There was a little area where you could go and play music," the source explains.

"Rob sang, Andrew played the bongos, Zac played the guitar. It was a whole spectacle."



Did Winehouse want a baby with her ex?

Amy Winehouse was reportedly desperate to have a child with ex-husband Blake Fielder-Civil — even after the pair split up — Blake's mother, Georgette Fielder-Civil, told a British newspaper.

Georgette says that before

Georgette says that before her son went away for his latest prison term, he showed her letters from Winehouse post-divorce that clearly indicate their romance was far from over.

"In one letter, Amy wrote that Blake was definitely getting her pregnant within two months. She talked about conceiving the baby — which they would call Lucky — on Valentine's Day," Georgette says. "Even after their divorce Amy told Blake she'd love him forever. They carried on talking to each other until a few months before she died."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Anthony Bourdain: Off with their heads

MONICA WEYMOUTH

Somewhere between continent-hopping and mysterious cauldrons of soup, chef and No Reservations host Anthony Bourdain found the time to pen a graphic novel.

Part kitchen revenge fantasy, part kung-fu foodie fun, Get Jirol includes a scene in which a man is decapitated for ordering a blasphemous California roll.

"There are people who work 60 years trying to get the same 20 to 25 pieces of classic sushi perfect, but they know they will never reach that point. That kind of drive for perfection deserves respect," Bourdain told us when we caught up with him this week in New York City.

York City.
"So when you see somebody go into a regular sushi bar and treat it like it's crap or just another meal, well, I fantasized about seeing somebody lose their head!"

We wonder what the recommended punishment would be for a sriracha sprinkle. Not that we'd ever do that. We're just wondering — for our savage friends, whose heads aren't ours.

Courtney Love is just being Courtney Love

One of Courtney Love's less destructive habits is throwing around lawsuits — in 2009, the rocker put her legal team on 14 cases in 10 months. But apparently, she forgot to pay for their many services. The rocker is being sued by her former lawyers for almost half a million in legal bills, reports TMZ.

Although she sent flowers and thank-you gifts, the suit alleges that the rare cheques bounced, and that Love used her funds to pay for a gaggle of personal assistants.

There's something refreshingly 'Courtney Love' about getting sued by your lawyer. Never change, Court.







Jason Segel is 'totally smitten' with Michelle Williams

Things seem to be going well on the romance front for Michelle Williams and Jason Segel. Williams "hasn't been this happy in forever," a source tells People magazine of the couple, who made a brief appearance at the after-

party for the premiere of her new film, Take This Waltz, in New York late last week.

Segel, for his part, is just as happy. "Jason is totally smitten," the source says. "It's like the first girl he's ever been this way with."

Reese Witherspoon acknowledges her bump

While her baby bump has grown, Reese Witherspoon has stayed relatively mum on her pregnancy—her first with new husband Jim Toth.

But she finally acknowledged the obvious while at an event in Chicago, according to the Chicago Sun Times

Sun Times.

"Frankly, I'm feeling very round tonight," she told the crowd. When a reporter suggested she avoid the city's famously hearty food, she added, "Maybe, but it's not easy. I'm always feeling like I'd like to eat everything in sight."

As for her immediate plans, Witherspoon is currently shooting



Devil's Knot with Colin Firth in Atlanta.

"After that, I'm going to take a little time off — and go have a baby," Witherspoon said.

Twitter



@Joan_Rivers

Who is Hollywood's hottest couple? Emma Stone and Andrew Garfield! They're like Brangelina, but without the child labor.



@DaveChappelle

I can't think of anything provocative to tweet, and yet, I must continue... Must...keep....tweeting.



@Diane_Keaton

Researching for my next book concept. What is your idea of beauty? Talk to me.



I might be crazy but I'm positive I saw Mubarak at

@AlbertBrooksI might be crazy but the mall today.

WELLNESS

Go meatless this summer

Food for thought.

The Meatless Monday campaign is fighting to reduce global meat consumption by urging carnivores to go veggie one day a week. In the Meat Free Monday Cookbook veteran vegetarian, Beatles singer Paul McCartney, shares his favourite recipes. Here's one:

ROMINA McGUINNESS

It's no secret that a diet high in processed red meat can dramatically increase the risk of death from heart disease or cancer. But with the sum-

mer barbecue season in full swing, we've been gorging on burgers most weekends. Will cheese and beans ever rival the real deal? Probably not. But it's time to tackle the scary truth, one steak at a time.

This is a fantastic salad. Here it's served with tofu, but you could just as easily serve it with veggie burgers or vegetarian sausages, as well as fries and mashed potatoes.

Preheat the oven to 400°F and roast the cherry toma-





toes for 10 minutes.

Cover the bottom of a pan with cold water and place a steamer above it. Put the broccoli, green beans, and carrots in the steamer, turn the heat on quite high, and steam for about 15 minutes, occasionally prodding the carrots with a fork to see if they are done. Some people like them slightly crunchy, others prefer them a little

While the vegetables are steaming, make a salad with the leaves and scallions.

Combine the cornmeal and herbs in a bowl. Heat some olive oil in a frying pan. Dip the tofu in the cornmeal mixture and then fry until golden.

Whisk together the ingredients for the dressing, but only pour over at the last

- 28 cherry tomatoes
- 3 florets of broccoli
- 12 green beans, cut into 1 inch lenaths
- 2 carrots, peeled and sliced into 1 inch pieces
- 1 lettuce I like Romaine
- 3 scallions, finely chopped
- 2/3 cup cornmea
- a handful of chopped herbs of
- your choice
 9 ounces tofu, cut into slices

· olive oil for frying

- For the dressing • 2 tablespoons olive oil
- 1 tablespoon red wine vinegar
- 1 teaspoon Dijon mustard (optional) • 1 teaspoon maple syrup (if you like a bit of sweetness

Best Health

Five foods to help your skin



BEST HEALTH

Yes, you still need to wear sunscreen and a hat. But protecting your skin from the sun can also be deli-

Each issue of Best Health magazine is full of often-surprising information about nutrition for Canadians.

In the Summer issue, on newsstands now, nutritionist Allison Tannis offers a list of five foods that provide the best sun-damage protection.

1. Tart cherries.

They are packed with melatonin, protecting your skin against UV rays and helping to repair sunburned skin by stimulating new skincell growth. And cherries' vitamin C builds collagen, helping prevent wrinkles.

2. Crimini mushrooms.

Because these are loaded with the mineral selenium, which produces antioxidants in your body, they fight free radicals that form in your skin after sun exposure.

This contains an antioxidant that helps ward off inflammation of the skin and

neutralize free radicals.

4. Pomegranates.

Their high antioxidant content fights inflammation, and reduces the ability of UVB rays to cause cancerpromoting damage in skin

5. Fatty fish.

Salmon, for example, is loaded with selenium and protein, both needed for skin repair. Eating fish will also keep your skin hydrated and radiant.

The Summer issue of Best Health is on newsstands now.

TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GOT TO BESTHEALTHMAG.CA/METRONEWS





Health minute

Why go meatless?

Why should people aim to reduce their consumption of red meat? Metro asked Meatless Monday founder, Sid Lerner, for a few reasons: "Animal fat is the villain. Red meat is high in cholesterol and saturated fat and knocking it off the menu is good for your health. Eating it in excessive amounts (a portion larger than the size of a deck of cards, more than three times week) could eventually trigger a heart disease and or, diabetes. Eating mass amounts of red meat messes up the environment. Reducing global consumption will lighten up our carbon footprint. Cutting out meat from your meals one day a week is no big deal. We even managed to get celebrity chef, Mario Batali — who is a massive pork fan — to back the campaign. With enough willpower, anyone can do it."

On the Web



ing their swimming skills efore they hit high school

metronews.ca
Tuesday, June 26, 2012

All good lunch columns go to foodie heaven — even this one



Cheese Enchiladas, SVIETI ANA MI INAREVIO



For the final Lunch Rush column, my editor asked me to write about my favourite place to eat in Winnipeg. It's hard for me to choose but I will tell you that Dessert Sinsations is one.

This little restaurant has consistently provided great service, food and atmosphere. I frequently order the Bacon White Cheddar Burger (\$13.75) with a side of Sweet Potato Fries (\$5.50) but this

time, the eatery was having a Mexican special so I decided to try it.

The Cheese Enchilada with Anjo Chicken (\$17) was stuffed full of tender chicken, grilled corn, refried beans and had a kick in the face spice topped with a chunky mole. It came with a side of

red rice and shredded lettuce. I also tried the Margarita Cheesecake (\$9.25), which was the closest representation of a cocktail in food form I've come across yet. It was

citrusy, refreshing and light

— just like the drink.

If you haven't tried Dessert Sinsations I recommend that you do.

Visiting the restaurant

Dessert Sinsations

Address. 505 St. Mary Ave.

Phone. 284-4661

Rating. 4/5

Price range. \$5.75 - \$30

Reservations. No

Business lunch. Yes

Social lunch, Yes

Quick solo lunch. Yes

Lunch with co-workers. Yes

Honeycomb and Brie English Muffin Pizzas. One of the best combos



1. Heat the oven to broil.

2. In a medium skillet over a medium-high temperature, heat the olive oil. Add the onion, garlic and thyme, then sauté for 5 minutes, or until the onion starts to get tender. Season with salt and pepper, then set aside.

3. Split each English muffin in half and arrange cut side up on a baking sheet. Set under

the broiler just long enough to lightly toast, about 1 minute.

4. Top each muffin half with a brie, then spoon a bit of the onion mixture over each. Place under the broiler for another minute. Transfer the halves to serving plates, then top each with a spoonful of honeycomb. Serve immediately.

THE ASSOCIATED PRESS

Ingredients

- 1 tablespoon olive oil
- 1 medium red onion, thinly sliced
- 1 clove garlic, minced
- 1/2 teaspoon dried thyme
- Salt and ground black pepper4 large whole-wheat English
- muffins
- 6 ounces brie, thinly slicedHoneycomb



MAXIMUM BENEFITS

CREDIT CARDS OFFER ADVANTAGES

Many Canadian families are tightening their belts, and examining the role of credit cards is an important step when your review your household budget. With more than 70 million credit cards now in circulation in Canada, we easily take for granted the number of real benefits they can provide for the average consumer.

When you use a credit card for everyday shopping, for instance, you don't need to carry a large amount of cash or provide the additional identification necessary to pay with a cheque.

A credit card also gives you a complete detailed summary of your monthly spendacquiring a credit card and using it responsibly is the quickest way to establish a positive credit rating, an absolute necessity for when they apply for a car loan or mortgage. Maintaining a strong credit rating by paying your credit card bills on time will help secure the lowest possible

interest rate when you do apply for a mortgage or loan.

cent of us pay our credit card balance in full each month, most of us pay an effective interest rate of zero. A credit card provides a convenient and secure way to shop, budget and manage your finances.

With the growing popularity of online shopping, credit cards have become even more essential; they can also help reduce the hassles of travel.

> Millions of merchants accept major credit cards around the world, so you rarely have to worry about having foreign currency on hand. Furthermore, they are usually required to reserve a hotel room, rent a car, and make other travel arrange-

Depending on the credit card you choose, you can earn points toward travel or merchandise with every dollar you spend. Many people use credit cards for regular expenses such as groceries and monthly bill payments to amass as many points as possible. Some cards also include plans that extend warranties and offer insurance on purchases. Competition amongst card providers for your business is fierce — with a bit of research,



Minimum redemption is 20,000 PC points (worth \$20 in free rewards) and in increments of 10,000 PC points thereafter, at participating stores where President's Choice products are sold. PC points are not redeemable against the purchase of tobacco, lottery tickets, alcohol, prescription medication, milk in Quebec, or any products or in the latest of the services probable by low or as determined from line to line. *When you receive your Pesident's Choice Financial MasterCard, you will also receive four welcome coupons, each toward and an account is opened for you, you will receive 5,000 PC points. Redeem with any purchase of the checkout in participating stores where President's Choice Financial MasterCard. Allow 2 – 3 weeks for PC points on coupon to be added to your account. See coupons for full details. Coupons have no cash value. If your application is approved and an account is opened for you, you will receive 5,000 PC points for having applied online at pcfinancial.ca/freefood once you have activated your new President's Choice Financial MasterCard and made your first purchase within 6 months of account approvid. 5,000 PC points are sounded one time only to you as a new customer on your first President's Choice Financial MasterCard account when you have applied online. This offer may be terminated or changed at any time without notice. *P PC, President's Choice Financial one registered trademarks of trademarks of the account of the provident of the president's Choice Financial MasterCard stand for the president's Choice Financial MasterCard stand of the president's Choice Financial MasterCard stand for the president's Choice Financial MasterCard is provided by President's Choice Financial M

Does the Net handle all your finances?

Plugged in. Trying to pay a bill or cancel a card can be a total nightmare when the Internet is down have a back-up plan



MONEY

We're all pretty much tech addicts these days and nowhere is this dependency more evident than in our Internet love affair. But everyone must have a fall back plan if you lose your connection, especially for financial data. I know of

Alison's money rule

"Love the Net but be sure to have a financial back-up plan for when it fails.

what I write.

This week I lost my service for a couple of hours and it pretty much brought and it pretty much brought my work to a standstill. I couldn't access e-mail, let alone pay bills or check my calendar. I also had to contact my bank regarding a transaction. But have you ever tried to contact a specific person at a branch when you can't even locate a current phone book?

When the Internet abandons you the biggest con-cern is accessing your finan-cial life. Delays could mean interest charges or other penalties.

One reader missed making his RRSP contribution when he lost service the night of the deadline. That cost him thousands in tax. Here are four important

steps you should take to protect your finances from cyber interruption.

Save. With programs such as Yahoo or Gmail, which are not resident in your computer, save important e-mails to your hard

disk. Search the respective help programs for instruc-tions. But I find it is even quicker to cut and paste e-bills or other important financial e-mails and save them in Word.

The advantage here is that you can make notes about when a bill is paid or add information about changing a cell or cable package, for example, with the relevant confirmation number. Assuming you back up your computer the information is easily accessible, Net or no Net.

- 2. Contacts. Print your contact list and make sure you have contact numbers for every bill you pay as well as for your bank and broker-Store it somewhere
- 3. **Inventory**. Have a hard copy of all banking information including account numbers, passwords and security questions. I abbreviate the latter two for safety. For extra protection store it in a safety deposit box but



be aware that if the bank isn't open you're stuck.

Calendar. Maintain a simple hard copy calendar

or one resident on your computer noting when all bills are due. It will be a lifesaver if the Internet goes ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISONGRIFFITHS.CA GRIFFITHS.ALISON@GMAIL.COM

How to socialize your boyfriend and not be annoying



THE BUTLER askcharlesthebut netronews.ca

Dear Charles, I have to admit that the man I chose to be my boyfriend has some traits that I would prefer he did not possess. OK, I admit it: I think he has bad manners. For example, he has a habit of forgetting to

ask for his water without ice at restaurants. At the end of the meal, he wants to drink water without ice, so he scoops ice out with a fork or a spoon and puts it in his empty plate. Then he drinks the water. Sometimes I try not to let it bother me, especially when we're in a really casual restaurant. However the other night he did it in a small, fancier restaurant, and I could see people looking at

him. How do I socialize my boyfriend without being an annoying girlfriend who is overtly trying to socialize her boyfriend? I've tried to model ordering water without ice (even though I prefer ice) but he doesn't get the hint. Rolling my eyes and being annoyed when he does stuff like that is more effective at getting him to stop, but I don't like acting like that. Stressed Girlfriend

Dear Stressed Girlfriend.

I'm a firm believer vou must deal with this issue head on and sooner rather than later, so how do we do

Firstly, not in public, nor in front of a waiter, pick a private place when it is just the two of you. Once alone, I think I would just come right out and say, "You know John, I've noticed that when you pick the ice out of your glass, people at the

tables around us are staring at you, and it is making me uncomfortable. Would you please do me a favour and when you order water, can you please order it without ice?"

The reason I like this method is because it tells him about others who have observed his behaviour and as his girlfriend, how this makes you uncomfortable.

Please let us know how it goes! Fingers crossed!





Lessons. Author hopes to show women that husbands and children aren't for everyone

"I love having a boyfriend. I love having him go home," says Eleanore Wells, the vivacious author of The Spinsterlicious Life: 20 Life Lessons for Living Happily Single & Childfree. Wells has not had what

many consider the traditional life. By middle age, she is unmarried and child-free. And she's sick of people pitying her

"I don't think husbands and kids are for everybody,' she says. "I think they're really good things to have, but lots of women, either by choice or by circumstance, are not going to have that. My belief is that you owe yourself a good life, no matter what your circumstance is. ... I'm living proof, because I have a fantastic life."

Having been a source of inspiration to her other single friends, Wells decided to outline, in her book, all of the benefits of singledom. Her points are not aimed at rejecting coupling, but at leading a full life while alone, which can also lead to being not so



Eleanore Wells: Spinster and loving it

single anymore.

You can certainly figure out a way to celebrate all the other good things that are going on in

your life," says Wells.
"And happy people often attract other people.

The 'Spin'

Pearls of Wells' wisdom:

• If your ex was a jerk the first time around, he'll still be a jerk next time around: "If (your reason for breaking up the first time was) personality — or behavior-related — he was a jerk, he wasn't nice, if he was mean, if he cheated — you know those are four things that kind of say something about the person. Don't go there."

You can't force chemistry: "I think you kind of know relatively quickly whether you are drawn to someone. ... I don't think you can fake that. I don't think you can force it. So, there was a time when I would meet, you know, what we would call your 'standard nice guy,' and I'd feel nothing and I'd say, 'Oh, but he's so great, he's a good person! I should be attracted to him. I should want to date him.'

It doesn't work."

• Babies aren't for everybody: "There's almost nothing else you can do in life that you can't take back or change in any way. Having a kid is (one of those things). You have to be 100 per cent all the way in, and so if there's doubt there, I think you should wait until there is no doubt.

HEIDI PATALANO/METRO NEW YORK



UNPRECEDENTED TRANSFORMATION

THE MIDST OF A CONDO BOOM

Downtown Winnipeg is in the midst of a condo development boom.

It's part of an unprecedented transformation of our city — the result of hundreds of millions invested in or committed to over 100 projects, including the MTS Centre, Millennium Library, Manitoba Hydro's office tower, and the forthcoming Canadian Museum for Human Rights. These projects have brought a new look, and a new vibrancy, to historic downtown

& Exchange District Winnipeg. And they're drawing new residents, too - lots of them. With the help of programs like the Downtown Residential Development Grant program, condo developers are responding to this need.

If you've ever considered a move to the downtown, now is the time to make it happen. Condos in the city centre are well-built, spacious, affordable, and numerous. Your chances of finding a home that suits your needs and lifestyle are greater than ever.

Condo units in the downtown vary widely, suiting different tastes. Many occupy space in renovated historical properties. These units tend to be loft-like, with features such as exposed brick and ceiling beams, and high windows. If you're someone who likes the look, the feel, and the sound of an older building - with all the amenities of a newly built one, of course - one of these properties may be perfect for you.

Other condo developments are entirely new, with a diversity reflecting the downtown's own. If you wish to live in a building with an understated look, constructed along traditional lines, you can find one here. But if you want a home that intrigues passersby, you can find that too. Some downtown condo developments are multi-storey, eclectic structures, with mixed façades. One proposed development has even been compared to a spaceship, hovering above the ground. Whoever you are, whatever you enjoy, you'll be able to find the home that

suits you best.

Your new neighbourhood will have lots to offer too. especially with the advent of the Sports Hospitality and Entertainment District. Residents of Downtown Win-

FREE LUNCH WITH HOUSING TOUR

If you want to see first-hand how condo development is growing in Downtown Winnipeg, you can. Downtown Housing Tours are running throughout the summer and fall, at lunchtime. Step aboard a vintage trolley, enjoy a complementary lunch, and see the best sights the Downtown has to offer — including, perhaps, your next home. The tour takes less than an hour. To learn more, visit myplaceisdowntown.com.

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251 VAUGHAN ST. 956-4340 (across from the Bay)

ALUMINUM SOUND

DVD MOVIE SALE:

5 for \$20 masses

 North American Cuisine Yes! We Cater Ph: (204) 956-5996 COME SEE US IN THE SHOPS OF WINNIPEG SQUARE

nipeg live in close proximity to services. Many walk to work. They walk to gymnasiums, parklands, cafes and restaurants, entertainment venues, museums, concert halls and art galleries too. The downtown is a hub of activity, hosting events like the Fringe Theatre Festival and the TD Winnipeg International Jazz Festival every year. It's even close to the MTS Centre. If you want to cheer on the Jets, you won't have far to travel.









www.streetside.ca





WINNIPEG'S PAST & PRESENT

Downtown Winnipeg is changing. It's redefining itself - growing more complex, cultured and cosmopolitan every year. Today, a resident of downtown Winnipeg can live just steps from work and from parks, sports facilities, bars and restaurants, art galleries and schools.

It's a nice life. And StreetSide Development Corp. wants you to be part of it

StreetSide is already selling units in two of its District Condominium buildings — the first in a series of renovated. historical downtown properties. Units range in size from approximately 662 to 1,135 square feet. All feature exposed original brick and timber beam, as well as new double-pane windows. Preserving the original façade of a century-old structure and adding to it modern elements and finishes, these secure buildings combine the best of the city's past and present — just like the downtown itself.

Residents have already begun moving

into the first of the District Condominium properties, located at 133 Market Ave. The second, at 110 James Ave., is slated for completion this fall.

Just a five-minute walk from the District Condominiums is another StreetSide development: Verve Tache. Located in picturesque old St. Boniface, the four-storey Verve Tache Condominiums offer some of Winnipeg's most beautiful views. Heated underground parking, a rooftop patio and private balconies or ground floor terraces are among the many amenities residents enjoy - and the downtown is only a short distance away.

"So many positives have come to downtown Winnipeg in the last few years," says Marty Maykut, manager of StreetSide Development. "The Jets, the forthcoming Canadian Museum for Human Rights, expansions to the University of Winnipeg ... it's a long list. All of this increases demand for urban housing, which we're helping to meet. The entire StreetSide team is excited to be part of the revitalization of the East Exchange, St. Boniface and downtown.

"The way we see it, we're playing our own small part in re-establishing Winnipeg as a big league city. It's a truly rewarding thing for our company to do."

TAKING IT TO THE STREETS

StreetSide Development Corp.'s downtown conversion project, District Condominiums, will eventually consist of seven renovated historical buildings, containing more than 200 condo units. StreetSide is already selling space in the completed 133 Market Ave. location, and for the soon to be completed 110 James Ave. location. A display suite is now open at 133 Market. To



learn more, visit districtcondos.ca, or phone Rhonda Funke and Rebecca Copping at (204) 942-3584

DREAM CONDO IS WITHIN REACH



CONDO COMPANY OFFERS YOU A WIN-WIN SITUATION

Downtown Winnipeg is waiting for you. With the help of The Condo Company, you can make your move to the heart of the city right now — even if you have never qualified for a conventional mortgage. All it takes is a good plan.

The Condo Company makes it easy. First, they set you up in a quality condo, charging rent you can afford — \$1,500 a month, on average. But these payments don't go toward rent alone. A portion of every rent cheque is put toward ownership of the condo. Most Condo Company customers end up owning their homes in only three years time.

If you make good money, but can't get a mortgage from a bank, this is a way to own the home you deserve — in the part of Winnipeg you most want to live in. And if you have suffered from bad credit in the past, The Condo Company's rent-to-own plan gives you the time you need to improve your credit rating, too. These plans have already proven a win-win for many young professionals looking to move into the next phase of their lives — many of whom never realized this option was available to them.

"Our customers are hard-working, busy people," says Cam Rowland, director of The Condo Company. "They dream of living a better life; they want to be downtown, where the action is, but they consider this a long-term goal. When they find about our payment plan, they're often shocked at how



AFFORDABLE OPTION FOR YOU

"You helped us when we didn't think it was possible.' We hear those words from so many customers," says Cam Rowland, director of The Condo Company. "Living in downtown Winnipeg really is affordable option for many of them."

To find out if there is a downtown Winnipeg condo in your future, phone Cam or James at 204-800-3169. To learn more about The Condo Company, visit thecondoco.ca.

easily and quickly their dream can be realized. What we tell our customers — and show them — is that there is hope."

The Condo Company concept is not for everyone. Like any monthly payment plan, it only works if you can count on a consistent and stable flow of cash. But you can be sure that whatever you pay will be a fair market price, without any exorbitant interest or any hidden fees.

To find out if you qualify for a downtown Winnipeg property, contact The Condo Company team today — they are happy to answer your questions. the condo company

WHY RENT WHEN YOU CAN OWN?



www.thecondoco.ca 204-800-3169







ONE-STOP REL

You don't have to go away to get away. Located in the heart of downtown Winnipeg, The Fort Garry Hotel, Spa and Conference Centre is the ideal destination for well-deserved relaxation. This iconic hotel has put together a value-added Spa + Yoga Overnight Package, which features Ten Spa and Yoga Public, some of the city's finest amenities.

The Fort Garry Hotel, Spa and Conference Centre has a long history of providing exceptional service to heads of state,

people of industry, celebrities, athletes as well as community members and neighbours. Healthy living and rejuvenation is accessible to all Fort Garry guests.

The Spa + Yoga Overnight Package includes two classes at Yoga Public, a state-of-the-art environmentally conscious yoga centre that offers yoga in all its forms and for all levels. Yoga Public is the largest yoga centre in Canada and offers innovative programs taught by some of the most highly qualified instructors in the

A second feature of the Spa + Yoga Overnight Package is the self-administered hamam treatment at the world-class Ten Spa, located on the hotel's 10th floor. "We strive to deliver a 'perfect 10' experience to every customer and for every

treatment," says Elena Zinchenko, director of Ten Spa. "Our hamam treatment is a modern reinterpretation of the Turkish-Roman hot-air bathing ritual. Hamaming doesn't get better anywhere else, and it's right here in downtown Winnipeg."

Also included in the Spa + Yoga Overnight Package, you will enjoy a healthy spa dinner in Fort Garry's Palm Lounge, and either a full hot breakfast or the Fort Garry's Grand Sunday Brunch buffet. The Sunday brunch, famous in Winnipeg and beyond, encompasses the entire hotel lobby; it includes a variety of hot and cold offerings suitable for any taste or diet, plus a chef's station with fresh waffles, choice of omelettes and carved meats, and a dessert table with a chocolate fountain.

At The Fort Garry Hotel, Spa and

PACKAGE PRICES

Enjoy Winnipeg in a City State of Mind at The Fort Garry Hotel, Spa and Conference Centre with a Spa + Yoga Overnight Package.

Spa + Yoga Overnight Package rates from \$139 per person, based on double occupancy. Certain restrictions apply. To learn more, or to book your visit, call 204-946-6529, or toll-free, 1-866-585-0772. Visit the website at fortgarryhotel.com.

Conference Centre, every detail is attended. Upon arrival for the Spa + Yoga Overnight Package, you will be provided with a personalized itinerary that outlines scheduled times for your yoga classes, spa dinner, hamam appointment and, if applicable, brunch reservation time.

One-stop relaxation doesn't get any

Enjoy Winnipeg in a City State of Mind at The Fort Garry Hotel, Spa and Conference Centre with a Spa + Yoga Overnight Package.

Spa + Yoga Overnight Package rates from \$139 per person, based on double occupancy. Certain restrictions apply. To learn more, or to book your visit, call (204) 946-6529, or toll-free, 1-866-585-0772. For more, visit fortgarryhotel.com.



new to yoga public? try2 weeks for \$35

Package includes yoga +TRX classes with spa-like amenities. www.yogapublic.com 204.947.9642

* PER PERSON, BASED ON DOUBLE OCCUPANCY, SPACE IS LIMITED. BLACKOUT DATES APPLY AND RATES SUBJECT TO CHANGE

280 FORT STREET, DOWNTOWN WINNIPEG, MB

SOMETHING FOR EVERYONE DOWNTOWN

If you want to know about all the great things happening in downtown Winnipeg, just ask the people who live here. There are a lot of us, and our numbers are growing every day.

It wasn't always this way. Having lived in Winnipeg since the age of three, I can remember much tougher times.

But today, as city councillor for the ward of Point Douglas, I can see first-hand how things have improved. Downtown Winnipeg isn't just keeping up with other city centres — it's leading the pack.

Just look at our downtown arts community. It's such a pleasure for me to attend art shows here — to see the abundant talent on display from young artists across the city. This is something close to my heart, as I'm a clay artist myself.

Whenever I take a walk to one of these shows, I learn something new.

What I love most about our arts community is that it really is a community.

For example, every month our local artists, gallery owners and even restaurant owners gather for an event called First Fridays in the Exchange. It's a chance for the artists to mingle, show their work and at the same time promote Winnipeg businesses. I'm proud to support this event.

Speaking of restaurants — you will find a lot of them in the downtown. More than 100, in fact. If it's fine dining you're looking for, we've got lots of options. If you want something causal or kid-friendly, that, too, can be arranged.

Working off all that good food is just



as easy. This place is great for jogging, in-line skating, cycling, skateboarding and has plenty of access to gyms.

Downtown Winnipeg has changed a lot since my early days here as a preschooler newly arrived from the Philippines.

It's a safer place. It's more culturally

diverse, with about 30 languages spoken by residents.

But we've also retained our best qualities: Warmth, good humour and generosity of spirit. Downtown Winnipeg is a welcoming place. And we're ready to welcome you, too.

- Coun. Mike Pagtakhan, Point Douglas

WORTH VISITING

Downtown Winnipeg boasts a long and impressive history.

You can learn more about it by visiting these sites and landmarks, recommended by Coun. Mike Pagtakhan:

- The Forks National Historic Site
- Old Market Square
- Millennium Library
- Pantages Playhouse Theatre
- The Winnipeg Chinese Cultural and Community Centre (WCCCC).



Come and visit First Fridays in the Exchange! Let's support our local artists, galleries and restaurnats in the Exchange District. For more info, please visit www.firstfridayswinnipeg.org

Mike Pagtakhan BA, CIM, CPP
City Councillor
Point Douglas Ward

City of Winnipeg

Councillor's Office Main Floor, 510 Main St Winnipeg, MB R3B 1B9

mpagtakhan@winnipeg.ca www.mikepagtakhan.ca





Our Winnipeg restaurant specializes in Moroccan, Turkish, Italian and French regional cuisine. Arkadash infuses sustainable Manitoban ingredients with authentic Mediterranean recipes. Join us in our new, sleek and sumptuous dining room and lounge.



please call for reservations 204-504-2155

SUNDAY CLOSED, MON - THURS 11:30 AM TO 12 AM, FRI - SAT 11:30 AM TO 2 AM

268 PORTAGE AVENUE arkadashbistroandlounge.com



MASTERING THE MEDITERRANEAN



ARKADASH BISTRO IS SURREAL EYE CANDY

There is the unique Mediterranean fare, of course, but the décor alone would make a visit to the Arkadash Bistro and Lounge worthwhile.

Co-owners, and second cousins, Kelvin and Karen Peters, have turned the former Chocolate Shop interior on Portage Avenue into surreal, postmodern, minimalist eye candy.

And the eyes are part of the eye candy — Turkish evil eyes that peer out of the western wall. The bluish ocular spheres, photographs of a glass eye, have a mystical effect.

"They prevent evil," explains chef Karen. "They're known throughout the entire Mediterranean."

And Karen would know. After completing her culinary studies in Germany, she spent several years cooking in Mediterranean countries.

She brought back knowledge of ancient spice blends and techniques used around the Mediterranean Sea.

"There's a trade route of spices that, from the beginning of time, were brought across that sea," Kelvin explains. "Some of these Moroccan and Turkish spice blends, you can't just find on the (grocery) shelf."

One such blend — ras el hanout — used in their Moroccan stew, is a blend of 28 spices.

Kelvin calls it "the chef's best spice blend."

"It's a lot of slow cooking, so everything's very infused with the flavours," Kelvin says. "There's a lot of love and time that gets put into the dishes we create, and I think it's

NEED TO KNOW

Arkadash Bistro and Lounge is one block east of the MTS Centre on Portage Avenue. Hours are Monday through Saturday from 11:30 a.m. to midnight (2 a.m., Friday and Saturday). Restaurant capacity is 70; lounge is 30. Prices range from \$10 to \$30. Follow them on Twitter at @Ark a dash

reflected on the plate."

The dishes and spices of Arkadash are all Mediterranean (the website describes the food as "Moroccan, Middle Eastern, Turkish, Italian and French Mediterranean"), but many of the ingredients are local. It was a conscious decision.

"The local aspect comes into play when we talk about our philosophy of food sourcing and sustainability," Kelvin says.

The Arkadash website lists 18 local suppliers used to source meats and vegetables, as well as a host of other products.

"We like to say that this place represents sustainable Manitoba products infused with authentic recipes and traditional ways of cooking."

The bistro and lounge's website — arkadashbistroandlounge.com — also shows the full lunch and dinner menus and contact information for those looking to make a reservation or arrange bookings or catering.



MYPLACEISDOWNTOWN.COM ON ITS WAY

A new website, serving residents of Downtown Winnipeg and anyone hoping to move there, is scheduled to launch this summer.

The redesigned myplaceisdowntown.com promises to be your best source of information on living in, renting, or buying a condo or apartment in the city centre. With downtown living options having expanded so much in recent years, the demand for a site like this is great.

"Some of the most common questions

we receive are from people curious about the availability of condos and apartments in the downtown — or simply wondering what it's like to live here," says Stefano Grande, executive director of the Downtown Winnipeg BIZ.

"We felt that providing them with a long list of links to developers and rental companies just wasn't good enough anymore. After all, it shouldn't be a chore for people to find out how they could live here."

To meet their needs, the Downtown Winnipeg BIZ, CentreVenture and the Exchange District BIZ have partnered to develop a real-estate style site with current, searchable listings of available condos and apartments.

This will not be a static site. Listings on myplaceisdowntown.com will updated regularly, ensuring everything you read is current.

The site will also feature a blog highlighting downtown-living related events and news, as well as interviews with downtown residents sharing their favourite places in the neighbourhood.

SECOND ANNUAL MIDSUMMER MIXER

The condo or apartment you're looking for may be in Downtown Winnipeg right now. Today, you can get a free sneak peek.

All you have to do is visit the brand-new patio at Rudy's Eat & Drink, at Manitoba Hydro Place, 375 Graham Ave., between 4:30 p.m. and 7:30 p.m. There you'll learn about the latest apartments, condos and concepts changing the face of Downtown Winnipeg. You'll get to mingle with other downtown professionals over cocktails, and meet the minds behind the latest developments. You'll have the chance to win prizes too, including tickets to an NHL game.

And, most importantly, you may just find your next home.

Participating buildings include Avenue on Portage, District Condos, 62M Condos, 100 Princess and 160 Smith.

To learn more, visit the event's Facebook page, or call (204) 958-4640. RSVP to info@downtown-winnipegbiz.com.



Looking for a condo or apartment?

Explore making the move to downtown with a free sneak peek at the latest developments

Check out

new downtown apartments, condos and concepts

Mingle

with other downtown professionals over cocktails

Meet

Win prizes

the minds behind downtown's latest developments

When: Tuesday, June 26, 4:30 - 7:30

Where: Patio of Rudy's Eat & Drink, Manitoba Hydro Place

Cost: Free!

RSVP: info@downtownwinnipegbiz.com

LAUNCHING SOON

NEW DOWNTOWN LIVING WEBSITE!

For the latest rentals, condos and developments visit: www.myplaceisdowntown.com

SPORTS

Women's soccer

"We're a very confident team right now and we feel that on any given day, we can beat the Japans, the U.S.A.'s, the Swedens."

Canadian women's soccer captain Christine Sinclair. She says her experienced team is primed for this summer's Olympics. The 18-woman squad announced Monday has a combined 1,374 caps. After the team's poor showing at last year's World Cup, Sinclair acknowledges it's time for the seventh-ranked Canadians to deliver against top opposition.

"We're a confident team and we feel that we can beat them, but that's just words. We have to actually do it."

Christine Sinclair
THE CANADIAN PRESS

On the web



Canadian welterweight
Rory (Ares) MacDonald
is looking to take
down a legend at UFC
152 in Toronto. And
he may get to do it in
the main event. The
British Columbian's
fight against former
champion B.J. Penn is
currently listed as the
co-main event for the
Sept. 22 show at the
Air Canada Centre. But
a possible main event
apparently won't take
place. Scan the code for
the story.

NHL. Sakic, Shanahan head list of hall hopefuls

Joe Sakic, Brendan Shanahan, Mats Sundin and Jeremy Roenick lead the list of firstyear eligible players hoping to get the call from the Hockey Hall of Fame.

The hall will announces its newest inductees on Tuesday. The 2012 class will enter the hall on Nov. 22.

"Every year now it's getting real difficult," Hall of Famer Scotty Bowman, a member of the hall's 18-member selection committee, said of choosing the inductees.

THE CANADIAN PRESS



Baseball. Rusch helps Goldeyes bounce back

One night after one of the worst losses in franchise history, The Winnipeg Goldeyes got a much needed victory on Monday, defeating the Sioux City Explorers 3-2 in front of 5,012 at Shaw Park.

Winnipeg got up by a run in the first when Chris Roberson got home on a pop fly by Luis Alen. They made it 2-0 in the second when Josh Mazzola stole second base and scored on a RBI double by Kyle Day.

a RBI double by Kyle Day.
Winnipeg padded their lead
in the fourth when a sac fly by
Ridge Carpenter brought Mazzola home again.

Winnipeg starting pitcher Matt Rusch had a solid game, not giving up his first hit until the fourth inning when Yusuke Inoguchi got home on a double by Peter Barrows making the score 3-1.

Rusch had 10 strikeouts in the game, only one less than the season high for the Fish, and only allowed one run on four hits before leaving the game after the seventh.

Sioux City made it interesting in the eighth, scoring a run to make it 3-2, but could not complete the comeback.

DAVE BAXTER/METRO

Jets sign Pavelec to a five-year, \$19.5-million deal

NHL. Starting goalie enjoys atmosphere and fan support

The Winnipeg Jets head into the summer with their No. 1 goalie happily in the fold.

The Jets announced Monday they have come to terms with Ondrej Pavelec. The new deal is worth \$19.5 million US over five years.

over five years.

The 24-year-old Pavelec, who made \$1.3 million last season, was eligible to become a restricted free agent this summer.

"We're very excited about locking Ondrej up and we're actually even more excited that Ondrej wants to commit and be a part of the process of the Winnipeg Jets moving forward," said GM Kevin Cheveldayoff.

Pavelec said it was not a difficult decision.

"You always want to stay as long as you can in a city you

Pavelec stats

- Pavelec appeared in 68 games, compiling a 29-28-9 record, 2.91 goals against average and 0.906 save percentage.
- He was originally drafted by Atlanta in the second round in the 2005 NHL draft.

like," he said by phone from his native Czech Republic. "It's something I was looking for.... It was easy to sign a fiveyear deal, that's for sure."

He said he likes the atmosphere in Winnipeg and the fan support, even though he admitted the Jets didn't always play their best last season. The former Atlanta Thrashers missed the playoffs again.

Cheveldayoff called him "one of the best young goal-tenders in the game right now." THE ASSOCIATED PRESS



Ondrej Pavelec during a game against the Pittsburgh Penguins March 20 in Pittsburgh, DISTINK ALLER/GETTY IMAGES

Early Wimbledon exit for Venus



For the first time since her debut appearance at the All England Club 15 years ago, five-time champion Venus Williams failed to get past the first round of Wimbledon.

The seven-time Grand Slam champion was eliminated 6-1, 6-3 by Elena Vesnina of Russia at Wimbledon on Monday, the latest setback in her return to tennis after being diagnosed with an energy-sapping autoimmune disease.

Williams, who has fallen to 58th in the rankings, lost the first five games on Court 2 to the 79th-ranked Russian and, although she picked up her game and fought hard,

was never able to turn the match around.

It was the first time Williams lost in the opening round of a Grand Slam since the 2006 Australian Open, and the first at Wimbledon since her debut appearance in 1997

in 1997.

"I feel like I'm a great player," Williams said. "I am a great player. Unfortunately I have to deal with circumstances that people don't have to deal with normally in a sport, but I can't be discouraged by that. I'm up for challenges. I have great tennis in me. I just need the opportunity." THE ASSOCIATED PRESS

CFL

League primed for historic season

The 2012 season will be a nostalgic one for the CFL as it marks the 100th anniversary of the Grey Cup.

But after a busy offseason, there will be plenty of drama for football fans long before the historic championship game is played in November.

The season opens with four new head coaches across the league, slotback Andy Fantuz playing closer to home and longtime West Division quarterbacks Ricky Ray and Henry Burris renewing their rivalry in southern Ontario.

The Winnipeg Blue Bombers and Hamilton Tiger-Cats, meanwhile, will bid farewell to their longtime stadiums at the end of the season.

Women's basketball

Canadians step closer to London

The Canadian women's basketball team moved a step closer toward qualifying for the London Games.

Canada thumped Mali 89-23 on Monday in the opening game for both teams at a FIBA Olympic qualifying tournament.

NBA

Heat celebrate with parade

With tens of thousands of fans lining the route, the Miami Heat held their championship parade on Monday. THE ASSOCIATED PRESS

Gymnastics

Canadian banned after drug test

A Canadian gymnast has been suspended for six months after testing positive for marijuana.

The world governing body of gymnastics says Cory Marsh, 18, from Oakville, Ont., failed a drug test in Orlando in April. THE CANDIAN PRESS

Euro 2012

Germany looks to change tradition

Germany's young team can achieve something none of its predecessors have ever managed — beat Italy at a major tournament. Germany captain Philipp Lahm says his teammates are not concerned with statistics.

THE ASSOCIATED PRESS

PLAY

Across

- 1 Pump up the volume
- 4 Bloke
- 8 Hit hard
- 12 Spell-down
- 13 Tortoise's rival 14 Addict
- 15 Type units
- 16 Those who refuse to face problems
- 18 Bottom line
- 20 Squid squirt
- 21 Mother of Castor and Pollux
- 24 Informative
- 28 "The Blue Angel" star
- 32 Burrito's cousin
- 33 Request 34 Neighborhoods
- 36 Droop
- 37 Evidenced a pinprick
- 39 Parasitic worm
- 41 Auto style 43 Highland hillside
- 44 Vast expanse
- 46 Investigate
- 50 French cardinal
- 55 Cronv
- 56 Rue the run
- 57 Young horse 58 Donkey

- 59 Nobility member 60 Atmosphere

61 Appomattox VIP Down

- 1 Help a hood
- 2 Note from the boss
- 3 Nuisance
- 4 Epidemic illness
- 5 Owns
- 6 Illustrations 7 Graceful woman
- 8 Pail
- 9 Blond shade
- 10 Witness 11 Day fractions (Abbr.)
- 17 Hostel
- 19 Elev.
- 22 Gossip
- 23 Tart in tone
- 25 "Now then, where —?"
- 26 Read bar codes
- 27 Guru's exercises
- 28 Light applications 29 Gilligan's home
- 30 Supplemented, with
- 31 Barber's concern
- 35 Shoulder blade
- 38 One of Santa's team
- 40 That girl
- 42 Born
- 45 Romeo
- 47 October birthstone

15 18 33 37

- 48 Foundation
- 49 Otherwise
- 50 Knock 51 Lemieux milieu
- 52 Ernesto Guevara 53 Debtor's letters 54 Good hearing
- 3 9 2 4 5 7 2 8 6 9 5 8 1 2 3 6 2 4 6 3 2 5 9 1 1 8 4 2 5 4 8 9

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.





How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

ECHHUEGLT RUC EWVMH

EUFNAUOR CLWGX SN EWMVWE EGLTGLT, RUC FGTSW EMR

RUC ANXWNO UCW M WCLN Yesterday's Cryptoquip: WHEN A NEATLY GROOMED HAIR GETS ALL MUSSED UP, YOU MIGHT SAY HE'S NOW DE-PARTED.

Today's Cryptoquip Clue: R equals Y



For today's crossword answers and for expanded horoscopes, go to metronews.ca

MIN: 21°

TUESDAY

MIN- 18

:ö:

WEDNESDAY

iğ:

THURSDAY

:<u>ĕ</u>:



T Aries | March 21 - April 20.

Your thoughts will become more positive now that mind planet Mercury is moving in your favour again.

Taurus | April 21 - May 21.

Something you value will have to be given up but if you are wise you will realize it has to happen so there is room for something even better to me in and replace it

II Gemini | May 22 - June 20. You need to speak up about some-

thing you think isn't fair.

Cancer | June 21 - July 22.

Stop trying to hurry things along because what is meant to happen will happen in its own good time. That applies to all areas of your life but especially to money issues where, quite soon, you are in for some good news.

↑ Leo | July 23 - Aug. 22. Your outlook will change quite a bit over next few days.

III Virgo | Aug. 23 - Sept. 22. Don't draw attention to yourself todav.

△ Libra | Sept. 23 - Oct. 22.

Let friends and colleagues know how you feel today, even if you are the kind of Libra who hates to show notion.

M Scorpio | Oct. 23 - Nov. 21.

You will have to make some tough decisions over the next few days, decisions that will impact your career

in major ways. Sagittarius | Nov. 22 - Dec.

21. It's OK to bend the rules a bit today. No harm will come of it so long as you do it sensibly and don't take too many liberties.

Capricorn | Dec. 22 - Jan 20.

Something you once thought was so important now seems trivial, and it's to your credit that you are not afraid to change your mind.

Aquarius | Jan. 21 - Feb

18. A relationship problem that has been worrying you for weeks will resolve itself over the next two or three days. Whether the resolution seems "good" or "bad" depends on your outlook.

Pisces | Feb. 19 - March

20. What you need to remember today is that every challenge you face is also an opportunity. Put another way: the more you are challenged the more you will grow and the more you will learn and profit over time.

SALLY BROMPTON



Caption Contest

"Splash pad, Niagara Falls-style." VADIM GHIRDA/THE ASSOCIATED PRESS



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Write a funny caption for the image above and send it to play@metronews. ca — the winning caption will be published in tomorrow's Metro.

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PERSONALIZED SESAME STREET BOOKS



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